Jul 21, 2025 - XPI MINUTES

SERENITY PRAYER

INTRODUCTIONS

NAME	REPRESENTING
Keith	GAC Chair GAC@chronicpainanonymous.org
Laurelle	member at large
Melissa R	Zoom Host Training Coord xpihosttrainer@gmail.com From Pain to Gain
Miranda	member at large
Paula	Newcomer Q&A, Weekend Beginners xpiqanda@gmail.com
Sabra	member at large
Tammi	Committed to Hope tammilacahill@gmail.com
Tara Las Vegas	Free To Be Me
Tom	XPI Website Admin cpaweb12@gmail.com

NAME	REPRESENTING
Anthony J	XPI Zoom Co-ordinator xpizoom@gmail.com, Come As You Are
Barbara H	member at large
BB	Mon ODAT
Beth S	Gratitude Happy Hour storiesofnope@gmail.com
Betsy	member at large
Carmen	XPI Chair xpichairperson@gmail.com, Chair Chat +
Cat	XPI Speaker Meeting
Jennifer	XPI Secretary jenniferlay@hotmail.com
Joe	Men's Step Discussion
Kathy T	Phone Committee cpaphonelist@gmail.com, Newsletter newsletter@chronicpainanonymous.org

REPORTS/ANNOUNCEMENTS

Phone Committee - Kathy cpaphonelist@gmail.com

- there has been a lot of discussion about "what constitutes a CPA meeting?" because a request has been made to start a meeting that would use the AA "Big Book" with a focus on chronic pain/illness

Newsletter - Kathy newsletter@chronicpainanonymous.org

- Kathy is looking for members to submit a short vignette about their journey in CPA

XPI Website Coordinator - Tom cpaweb12@gmail.com

- having a team to work on the XPI Website enables them to be more proactive as well as addressing the day to day work
- the XPI Web Team has been meeting with the Zoom Coordinator (Anthony) to discuss the process involved when members want to start a new meeting
- updated process:
    1. member checks timeslot availability on a color-coded spreadsheet created by Anthony (details of how to post this on XPI website still in the works)
    2. member sends request to the Zoom Coordinator for the desired timeslot
    3. member fills out the form and submits it to the Meeting Registrar
- discussion continues on the requirements and management needs of a third Zoom Room

Welcome Newcomers - Paula xpiganda@gmail.com

- Newcomer Q&A - 4th Mon each month @ 4pm$^{ET\ RM}$2 #111-283-488
    - encourage "seasoned" members to attend to support the newcomers
- Beginner's Meeting (regular style not Q&A) - Sat @ 8pm$^{ET\ RM}$2 #111-283-488

Speaker Meeting - Cat

- 3rd Sat each month @ 3pm$^{ET\ RM}$1 #741-104-609
    - 4 months regular attendance in CPA is required to speak
- contact Jessa to volunteer to speak jessahasfaith@gmail.com

Zoom Host/Co-Host Training - Melissa & BB xpihosttrainer@gmail.com

- 2nd Tues & 4th Sat each month @ 3pm$^{ET\ RM}$2 #111-283-488
    - 4 months regular attendance in CPA is required
- Jun 28 had 10 trainees which proved to be too many to allow everyone time to practice
- Melissa & BB suggest a limit of 6 trainees therefore each training will be on a "first come first served" basis
- encourage "seasoned" members to attend to play the role of a "disruptive person"

Zoom Committee - Anthony xpizoom@gmail.com

- want to learn more about Zoom? ask Anthony about joining the Zoom Committee!
- speaker recordings - please submit speaker info with the recording

Treasurer - Maria Las Vegas via Tara

May XPI Balance	$530.95
Donations to XPI	$65.60
Current Balance	*$596.55*

Chair Chat++ - Carmen www.xpintergroup.org/recurring-events

- 4th Thurs each month @ 3pmET RM2 #111-283-488
- bring your questions and experience to discuss how **everyone** can be of service in meetings

OLD BUSINESS

Inclusivity Statement

- check out the Inclusivity Statement at the bottom of xpiintergroup.org "Home" page!
- thanks to Kathy, Tara, and Tammi for their hard work on this

XPI Secretary

- Jennifer is seeking a Secretary Apprentice, contact xpichairperson@gmail.com
- check out the job description XPI Secretary Job Description

NEW BUSINESS

ONAAT Wed 9:30pm 3pmET RM1 #741-104-609

- closure of this meeting has been discussed for a year due to low or no attendance
- main concern being that a newcomer may show up to an empty meeting

MOTION PASSED: that ONAAT be removed from the meeting schedule for now

Formats of Discontinued Meetings

- are they saved somewhere? could they be helpful to get future meetings started?
- Tom will look into this

Fellowship Time

- the priority at the beginning of Fellowship is to provide an opportunity for newcomers to ask questions and meet other members
- when meeting shares are extended into fellowship time:
    - it is possible that newcomers will leave because they don't want to interrupt or are unsure when the extended shares will end

    - it is not fair on the chair to have to continue past the hour
    - it is not fair for those waiting to connect with each other in regular fellowship

CPA ANNOUNCEMENTS

World Service Conference Open Forum

- Sat July 26 @ 4pm[ET] [RM]229-516-538
- "We will be reviewing for the 2026 WSC: The current literature, proposals, and the nominee process. Please attend so we may answer any questions you or your group may have!"
- for more info on WSC chronicpainanonymous.org/member-resources/wsc/

Closing Prayer