June 15, 2026 - XPI Meeting

Meeting opened with Serenity Prayer

Introductions

Name	Representing	Name	Representing
Carmen xpichairperson@gmail.com	XPI Chairperson, Chair Chat +	Joe xpizoom@gmail.com	Zoom Team Coordinator
Shari secretary.xpi@gmail.com	XPI Secretary	Tom cpaweb12@gmail.com	XPI Website Admin.
Maria Las Vegas TaraAndMaria@aol.com	XPI Treasurer	Melissa xpihosttrainer@gmail.com	Zoom Host Training Coordinator;Host Huddle, XPI Newsletter
Cat wenchywench@yahoo.com	XPI Speaker Meeting Chair; XPI Newsletter	Tara	Free To Be Me Meeting
Beth S. storiesofnope@gmail.com	Newcomer's Q & A; Gratitude Happy Hour	Tammi	Committed to Hope
Greer greertocci@comcast.net	From Pain to Gain; XPI Speaker Seeker	Paula	Member at Large
Colleen	Attitude of Gratitude	Joe	Wednesday Night Men's Step Study

Meeting Reports

From Pain to Gain- Greer: *From Pain to Gain* is a progressive step study group. We are reading, cover to cover, from Recipe for Recovery. Currently reading from the section 'Stories of CPA Recovery', which are written by members about their recovery process. Chair persons are having difficulty knowing how much to read in the story, because when we stop after a few paragraphs, it is often right in the middle of the problem. There is sometimes too much to read

to get to the positive recovery aspect. We are concerned for the confusing effect this might have on newcomers. At our next business meeting, we'll be discussing how best to manage this. One idea we will discuss is re-reading the story's title, which is always a positive message, before the floor is opened for shares. The meeting continues to be well attended. We meet on Wednesdays, from 3p-4p ET, in Room 1.

Gratitude Happy Hour- Beth S.:*Gratitude Happy Hour* was successful in dealing with a problem the group had. There was a disruptive member whose behavior prompted several members to leave comments/grievances in the chat. A business meeting was called; the problem with solutions discussed. A group conscience was held to decide how to handle the disruption. Group members feel the challenge was dealt with successfully. We meet every day from 6p-6:30p in Room 2.

Open Positions and Urgent Help Needed:

Contact Carmen at xpichairperson@gmail.com Please announce at meetings!

- XPI Group Representatives: There are only 10 reps making the decisions that affect our entire fellowship of over 60 meetings. Please encourage members to consider becoming an XPI group rep.
    - Suggestions: Come as a member at large and check XPI out! Only 1 hour a month commitment is required and minutes are provided to take back information to your groups.
    - If you can't attend XPI meetings because of Time Zone or health issues please Email: Carmen at xpichairperson@gmail.com to receive the agenda, minutes and vote by proxy. The XPI meeting is on the 3rd Monday of the month at 1 pm ET in Room 2.

- Maria is URGENTLY seeking an XPI Treasurer Apprentice
  XPI Treasurer.docx
    - Suggestions: *Please announce at all your meetings.* It makes a difference when members hear it often.
    - Please note when you announce: "If you can handle your own finances at home, add and subtract, then you can meet the obligations of this service position."
    - Suggestion made to perhaps pare down the XPI Treasurer Job Description to just a few main points, so members don't feel overwhelmed at taking the position.

- Carmen is seeking an XPI Chairperson Apprentice
  XPI Chairperson Job Description

- Jeff is seeking an XPI Zoom Coordinator Apprentice
  XPI Zoom Coordinator Job Description 12-12-25

- Tom is seeking an XPI Web Admin Apprentice
  XPI Web Administrator

- Host Huddle Chair People: No special knowledge is needed; anyone who has hosted and chaired a meeting is qualified. 3rd Thursday of the month. 3 pm ET Room 2 #111-283-488.

- Chair Chat + Chairperson: The format is easy to follow. 4th Thursday of each month at 3pm ET, Rm 2,#111-283-488. Only 2 hours a month are required. One hour chairing Chair Chat and one hour at the XPI meeting.

- We are looking for XPI related artwork, stories, and creative ideas for the XPI Newsletter. Send submissions to Melissa at **new email:** xpinewsletter@gmail.com

Treasurer Report - Maria Las Vegas taraandmaria@aol.com

May, 2026 XPI Balance $1,828.46
Donations to XPI $28.46
Current Balance $1,856.92

Administrative News- Carmen xpichairperson@gmail.com

- Due to a conflict of interest, XPI *officers* cannot be Group Representatives. Please go back to your groups and enlist another member to represent your group.

- A member can only represent one group at a time.

- Monthly service meetings do not require a group representative. For example, Chair Chat +, XPI Speaker meeting, Host Huddle, Newcomer Q & A, Service Happy Hour. However, members who chair service meetings must attend the XPI meeting each month to report on how the meeting is going. Monthly service meeting chairs may also be a group rep for a CPA meeting.
    - Service Meeting Chair positions do not have a vote at XPI.
- A group representative registration form will be up on the website soon.

OLD BUSINESS

XPI Calendar - Tom

- Jeff is no longer 2nd Administrator on the Calendar; Cat has stepped into this position. Thanks to Jeff for all his contributions.
- "Join Meeting" and "Format Document" buttons were made into hyper-links, allowing members. With one click, to join the Meeting or view the Meeting Format Document.
- Time Zone settings were changed to allow the meetings on the XPI Meeting Calendar to be displayed in the local time.
- Compiled a list from the Feedback Form. Each issue was addressed and a response was written. The feedback and responses were posted in the June XPI Newsletter.
    - For feedback and responses, see here
- Meetings removed from the Meetings Calendar: Young Warriors Meeting, I Declare Meeting.
- Vote- Proposal to take off Calendar: CPA Website Link, Phone Intergroup Webpage

link, What'sApp Link, Marco Polo Link, and Voices in the Stillness Meeting Link
    - Discussion-Looking to streamline our calendar, and removing the links that XPI does not control the resources for will help accomplish this. The link to the CPA Website is a necessary resource for members who use the calendar, but the majority of users of the XPI Website have come from the CPA Website. Also, What'sApp is also a much sought after resource, as is Marco Polo. Voices in the Stillness Meetings are held on the Internet, and steps could be taken to ensure XPI has control over the meeting space, if necessary. It was also noted that nowadays, many people only have phones to access meetings, not PC's or laptops, and our webpage and calendar should keep this in mind when streamlining. It was determined that the Phone Intergroup Website has not been updated in a very long time so doesn't currently give good information; it's not a good resource to share with members.
- Revised Proposal-vote: Motion to take the Phone Intergroup Website link off of the XPI Calendar, and continue to offer a link to the CPA Website. Motion passed. No minority opinion.
- Motion to table the discussion about removing What'sApp and Marco Polo information, and the Voices in the Stillness Meeting, from the calendar. Motion passed. No minority opinion.
- Motion and vote- Motion to accept the newest XPI Calendar as XPI's main calendar. Motion passed. No minority opinion.

NEW BUSINESS

Group Rep List - Carmen and Tom

- Tabled until July, 2026 XPI Meeting

REPORTS/ANNOUNCEMENTS

NOTE: Please send your reports to Shari at: secretary.xpi@gmail.com

Website - Tom cpaweb12@gmail.com

- See "XPI Calendar" under 'Old Business'
- To view Web Admin Report in its entirety, see this link
- To view the feedback on the calendar, and the Web Team's responses, see here

Zoom - Jeff xpizoom@gmail.com No report.

Newcomer Q&A - Beth xpiganda@gmail.com Newcomer Q&A meets the 4th Monday of each month at 4pm ET, Rm 2, #111-283-488. All are welcome to attend and support newcomers. They will be screen-sharing the XPI Website and calendar and going over it with attending members and newcomers. Newcomers will learn to navigate the website, use the calendar, and have the opportunity to ask questions.

XPI Monthly Speaker Meeting - Cat wenchywench@yahoo.com XPI Speaker Meeting meets the 2nd Saturday of each month at 3pm ET, Rm 1, # 741-104-609.

Service Happy Hour - Cat wenchywench@yahoo.com Service Happy Hour meets on the 3rd Monday of each month at 4pm ET, Rm 2 #111-283-488. It has been well attended with excellent speakers, great discussions, and sharing. Attendance has been low; the name of the group may be the problem. The name “Service Happy Hour” may suggest that attendees will be asked to “learn something” or volunteer for service. The meeting is asking for suggestions for a new name that reflects the meeting more accurately.

Chair Chat+ - xpichairperson@gmail.com Chair Chat+ meets on the 4th Thursday of each month at 3pm ET, Rm 2,#111-283-488. Still looking for someone to take over this position. Consists of 1 hour per month to attend the meeting, and 1 hour each month to attend the XPI meeting. It’s a great way to do service work!

Host/Co-Host Training - Melissa xpihosttraining@gmail.com Host training takes place on the 2nd Tuesday and the 4th Saturday of each month, at 3 pm ET, in Rm 2 #111-283-488. Melissa reports she sent emails to 116 members to update them on policies. One person asked to be removed from the list. Two emails came back: ‘email addresses not found.’

Host Huddle - Melissa xpihosttraining@gmail.com Host Huddle meets on the 3rd Thursday of each month at 3pm ET, in Rm 2 #111-283-488.

Newsletter - Melissa, Cat, and Greer The May newsletter went out on 5/20/26. 307 were delivered, 163 opened; there were 95 site sessions. 71% sent to mobile devices, and 29% to desktop. The **June newsletter** went out on 6/16/26. It contains the first *Service Spotlight.* Each month the newsletter will spotlight a service position. The person filling that position will share their experience, explaining what they do, what they learned, and how they manage the job while living with chronic pain and/or illness. The June newsletter also includes the responses to the feedback on the XPI calendar from the web team. The Newsletter Team has a **new email**: xpinewsletter@gmail.com to receive submissions of art and writing.

Meeting closed with Serenity Prayer

NEXT XPI MEETING: July 20, 2026

1pm ET Rm 2, ID 111 283 488

Password: CPA

https://us02web.zoom.us/j/111283488?pwd=Q1lyVjh4WmJycyt2V1cvc1ZQYTNadz09