May 19, 2025 - XPI MINUTES

SERENITY PRAYER

INTRODUCTIONS

NAME	REPRESENTING
Keith	GAC Chair GAC@chronicpainanonymous.org
Maria Las Vegas	XPI Treasurer
Melissa R	Zoom Host Training Coord xpihosttrainer@gmail.com From Pain to Gain
Paula	Newcomer Q&A xpiqanda@gmail.com Weekend Beginners
Shoshie	Experience, Strength, & Hope
Steph	Meeting Registrar meeting@chronicpainanonymous.org
Tammi	Committed to Hope tammilacahill@gmail.com
Tara Las Vegas	Free To Be Me

NAME	REPRESENTING
Anthony J	XPI Zoom Co-ordinator xpizoom@gmail.com, Come As You Are
BB	Mon ODAAT
Beth S	member at large
Betsy	member at large
Carmen	XPI Chair xpichairperson@gmail.com, Chair Chat +
Cat	XPI Speaker Meeting
Jennifer	XPI Secretary jenniferlay@hotmail.com
Joe	Men's Step Discussion
Kathy T	Phone Committee cpaphonelist@gmail.com, Newsletter newsletter@chronicpainanonymous.org

REPORTS/ANNOUNCEMENTS

Phone Committee - Kathy cpaphonelist@gmail.com

- a vote is in process by all groups, to change evening meetings from 8pm to 7pm
- Anniversary Meetings 3rd Wed each month @ 2pmET
  - celebrate anniversary of members' time in CPA (start date chosen by member)
- Phone Committee Meeting 1st Sat each month @ 4pmET
  - Kathy will inquire if unlisted step study groups can use the phone lines

XPI Website Coordinator - Tom cpaweb12@gmail.com

- the trainees are now addressing the day to day work… yeah team!
- the XPI Meeting Minutes Page has been streamlined to make updates easier for the web team
- Time Zone & Daylight Savings issue
  - there is no easy solution that doesn't involve lengthy coding or paying an outside service
  - all meetings are listed in Standard Time and will continue to list the 4 time zones
  - TOOLS
    - calendar on phones/computers will automatically update when time changes
    - www.timeanddate.com/worldclock/converter.html?
    - dateful.com/time-zone-converter

Welcome Newcomers - Paula xpiganda@gmail.com

- Newcomer Q&A - 4th Mon each month @ 4pm ET RM2 #111-283-488
  - new format effective immediately
  - Paula thanks people for answering newcomers' questions in regular meetings
- Beginner's Meeting (regular style not Q&A) - Sat @ 8pm ET RM2 #111-283-488

Speaker Meeting - Cat

- 3rd Sat each month @ 3pm ET RM1 #741-104-609
  - 4 months regular attendance in CPA is required to speak
- contact Jessa to volunteer to speak jessahasfaith@gmail.com

Zoom Host/Co-Host Training - Melissa & BB xpihosttrainer@gmail.com

- 2nd Tues & 4th Sat each month @ 3pm ET RM2 #111-283-488
  - 4 months regular attendance in CPA is required
- BB has been facilitating recent trainings and will continue to do so
- new trainees have been encouraged to volunteer to host ChronCon sessions

Zoom Committee - Anthony xpizoom@gmail.com

- REMINDER: include a Name when submitting speaker recordings

Treasurer - Maria Las Vegas

APr XPI Balance	$494.78
Donations to XPI	$12.53
Current Balance	*$507.31*

Chair Chat++ - Carmen www.xpintergroup.org/recurring-events

- 4th Thurs each month @ 3pm ET RM2 #111-283-488
- bring your questions about service in meetings and your experience, strength, and hope

OLD BUSINESS

Inclusivity Statement

- Kathy, Tara, and Tammi have met a few times as a taskforce
- more to come…

XPI Secretary

- Jennifer is seeking a Secretary Apprentice, contact xpichairperson@gmail.com
- draft of job description XPI Secretary Job Description

NEW BUSINESS

Newcomer Q&A - Cat & Paula

- Cat presented the updated Newcomer Q&A script which requires only one chair and one co-chair and adds some info in Higher Power and 7th Tradition

MOTION PASSED: that the Newcomer Q&A Script be accepted as read by Cat

CPA ANNOUNCEMENTS

NEW Meetings (website updates coming)

- starting Wed Jun 4th @ 4pmET Rm#TBD - Neuro-Atypical Friendly (Special Interest Meeting)
    - support for neuro-aytipical members in their CPA 12 Step journey
- starting Tues Jul 1st @ 2pmET Rm#TBD - Procrastination & Paperwork
- starting Tues Jun 3rd @ 8:30pmET (phone) - Big Book Study Group (Special Interest Meeting)
    - study of AA Big Book as it applies to those living with chronic pain/illness

ChronCon

- Sat May 24 & Sun May 26 ChronCon – Chronic Pain Anonymous

Closing Prayer