Feb 17, 2025 - XPI MINUTES

SERENITY PRAYER

INTRODUCTIONS

NAME	REPRESENTING
Laurelle	Gratitude Happy Hour
Maria Las Vegas	XPI Treasurer
Melissa R	Zoom Host Training Coord xpihosttrainer@gmail.com
Paula	Newcomer Q&A, Weekend Beginners xpiqanda@gmail.com
Ramona	Chronically Creative
Steph	Meeting Registrar
Tara Las Vegas	Free To Be Me
Terry M.	member at large
Tom	XPI Website Admin cpaweb12@gmail.com
NAME	**REPRESENTING**
Anthony J	XPI Zoom Co-ordinator xpizoom@gmail.com, Come As You Are
Beth S	member at large
Billy	Retiring XPI Zoom Co-ordinator
Carmen	XPI Chair xpichairperson@gmail.com, Chair Chat +
Cat	Retiring XPI Chair, XPI Speaker Meeting
Deborah M	Faith & Footwork
Jade	member at large
Jenna	member at large
Jennifer	XPI Secretary jenniferlay@hotmail.com
Jolie	member at large, inquiry@chronicpainanonymous.org
Julie E	Young Warriors
Kathy T	Phone Committee cpaphonelist@gmail.com, Newsletter newsletter@chronicpainanonymous.org

REPORTS/ANNOUNCEMENTS

Phone Committee cpaphonelist@gmail.com cpaphoneig.wixsite.com/mysite/meeting-info

- Phone Committee had a few more members at last business meeting - more welcome
    - potentially revising phone meeting script

- Anniversary Meeting will begin April 23 to celebrate the anniversary members' time in CPA
    - to be held 3rd Wed each month @ 4pmET beginning April 23

Newsletter newsletter@chronicpainanonymous.org

- please email submissions by 1st of each month
    - to receive the newsletter send your email address to the address above

XPI Website Coordinator - Tom cpaweb12@gmail.com

- Tom now has 3 trainees!
- the new 50GB Internet Plan begins Mar 3rd which provides enough space to upload speaker recordings for the next several years

Welcome Newcomers - Paula via Cat xpiganda@gmail.com

- Newcomer Q&A - 4th Mon each month @ 4pmET RM2 #111-283-488
- this event is "crushing it"!
- please also announce:
    - Beginner's Meeting (regular style not Q&A) - Sat @ 8pmET RM2 #111-283-488

Zoom Host/Co-Host Training - Melissa xpihosttrainer@gmail.com

- 2nd Tues & 4th Sat each month @ 3pmET RM2 #111-283-488
    - 4 months regular attendance in CPA is required
- 3 new hosts trained this month and BB is training to become a trainer! welcome!

Zoom Committee - Billy (retiring) & Anthony (new) xpizoom@gmail.com

- Billy has officially "passed the torch" to Anthony and would like to thank Cat & Tom and Carmen & Melissa for all their support

""Dear Speaker Meetings:

- *your recording will NOT be processed unless you email the XPI Zoom team with the following information:*
    - *name of meeting (e.g. "Next Generation Recovery")*
    - *name of speaker (e.g. "John D", "Anonymous", etc.)*
    - *date of speaker""*

Treasurer - Maria Las Vegas

January XPI Balance	$2319.87
Donation from XPI to CPA	-$1000.00
Annual Zoom Expenses	-$319.80
Donations to XPI	$26.84
Current Balance	$1026.91

Chair Chat++ - Carmen www.xpintergroup.org/recurring-events

- 4th Thurs each month @ 3pmET RM2 #111-283-488 - next mtng Feb 27

- whether you're a seasoned member or brand new, come out and learn all the different ways you can be of service in any meeting, gain and share experience, strength, and hope
- this link shows all service positions currently available www.xpintergroup.org/copy-of-service

OLD BUSINESS

Open Service Positions in CPA - Jolie & Steph

- check out these links to see all the ways you can give back to CPA
  chronicpainanonymous.org/member-resources/service/
  www.xpintergroup.org/copy-of-service
- don't be afraid to try something new, this is a team effort and there will always be others available for help and guidance

Meeting Registrar position has been filled by Steph. Welcome Steph (and congrats to CPA)!

- duties include maintaining meeting info, registering new meetings, and helping out the Inquiry Team

Newcomer Q&A - Cat

- as per the motion last meeting, Cat has reworked the Newcomer Q&A script to require only one chair and one co-chair and to allow newcomers more time to share
- the draft can be viewed at Draft Newcomer Q&A Script
- a final vote will be made at Mar 17 XPI Business Mtng

NEW BUSINESS

Sharing in Chat - Jade

MOTION PASSED: that the XPI Zoom Team change the "chat share" setting in Zoom Room 1 & 2 to allow members to share CPA-related posters, photos, and files. This will be trialed for 90 days and reviewed at May 19 XPI Business Mtng. (5 abstentions noted)

SUGGESTIONS TO MEETINGS

- request members only share posters, photos, and files during announcements and fellowship time
- meeting scripts may need to be edited
- encourage members to bring concerns to your business meetings
- if there is misuse of this sharing, hosts have the ability to disable the chat

Everything ChronCon! Open Forum - Jade (ChronCon Chair)

- Sat Feb 22 @ 4pm^{ET} #229 515 538$^{GAC\ RM}$
  - bring your questions and suggestions, all ideas welcome whether general or detailed
- 2025 Theme: "**How Creative Can We Be"**

    - please note "creative" not meaning "artistic"
    - for example: how creative can we be at maintaining personal hygiene or practicing self-care or doing daily chores?

Saturday Creativity Workshop - Jolie xpintergroup.org/recurring-events

- 1st & 3rd Sat each month @ 4pmET RM2 #111-283-488
- last Workshop was a peer-led exercise by a member and had a record turnout
- Jolie is proposing that a peer-led exercise occur once a month by different members
- challenges include:
    - how to keep momentum and who will organize schedule
    - how to ensure that it is CPA and program focused
- Jolie will confer with Workshop members and report back Mar 17 XPI Business Mtng

Closing Prayer